

<u>Parental Support – Key To A Good Performance</u>

The role that you play in the life and development of Lochend Football Academy is important, and the impact that this has on your child's development and performance is tremendous! With this in mind, the Academy has taken the opportunity to share some important tips:

Let The Coaches Coach!

Please leave coaching to the coaches, this includes motivating, after game critique, setting goals etc. You have entrusted your child's football development to the Academy so please let your coach be free to do their job. If there are too many people trying to coach your child, then this can become confusing and your child's performance may decline.

Support The Development Of The Academy!

Everyone is encouraged to get involved, if you have any ideas feel free to share them, we are always looking for new involvement.

Be Your Child's Biggest And Best Fan!

Support your child unconditionally! Do not withdraw support when your child has a bad day, there may be a variety of reasons. Always encourage and motivate your child.

Support Our Teamwork Philosophy!

Always encourage teamwork, this enhances good working relationships, builds social skills and leads to improved performance on and off the field.

Encourage Your Child To Be Open And Talk To The Coaches!

If your child is having any difficulties or experiencing anxiety about training or games, please encourage them to speak to their coach. This encourages them to take responsibility and ownership of their participation and position within the club.

Remember – Have Fun!

If you have any tips or would like to contribute to the development of Lochend Football Academy, please don't hesitate to contact us at <u>lochendfa@outlook.com</u>.